# Nitrogen cycle

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The collective term given to the natural biological and chemical processes through which inorganic and organic nitrogen are interconverted. It includes the processes of ammonification, ammonia assimilation, nitrification, nitrate assimilation, nitrogen fixation, and denitrification.

Nitrogen exists in nature in several inorganic compounds, namely  $N_2$ ,  $N_2O$ ,  $NH_3$ ,  $NO_2^-$ , and  $NO_3^-$ , and in several organic compounds such as amino acids, nucleotides, amino sugars, and vitamins. In the biosphere, biological and chemical reactions continually occur in which these nitrogenous compounds are converted from one form to another. These interconversions are of great importance in maintaining soil fertility and in preventing pollution of soil and water.

Nitrogen reserves exist in five major sinks: the primary rocks, the sedimentary rocks, the deep-sea sediment, the atmosphere, and the soil-water pool. Although primary rocks contain as much as 97.8% of the Earth's total (2.1 ×  $10^{17}$  tons or  $1.9 \times 10^{17}$  metric tons), their N<sub>2</sub> contributes little to the nitrogen cycle. Of the remaining nitrogen, 2% is in the atmosphere as N<sub>2</sub>, and about 0.2% is in sedimentary rocks. The biosphere, consisting of the soil-water pool, contains only a small portion of the Earth's total nitrogen (2.6 ×  $10^{13}$  tons or  $2.4 \times 10^{13}$  metric tons), and even here the predominant species ( $2.4 \times 10^{13}$  tons or  $2.2 \times 10^{13}$  metric tons) is N<sub>2</sub> dissolved in the sea. In spite of this, it is in this soil-water pool that the major reactions of the nitrogen cycle occur.

An outline showing the general interconversions of nitrogenous compounds in the soil-water pool is presented in **Fig. 1**. The reactions are much more complex than in the outline, and biological agents have evolved intricate ways to manipulate these nitrogenous compounds for their own use. There are three primary reasons why organisms metabolize nitrogen compounds: (1) to use them as a nitrogen source, which means first converting them to  $NH_3$ , (2) to use certain nitrogen compounds as an energy source such as in the oxidation of  $NH_3$  to  $NO_2^-$  and of  $NO_2^-$  to  $NO_3^-$ , and (3) to use certain nitrogen compounds ( $NO_3^-$ ) as terminal electron acceptors under conditions where oxygen is either absent or in limited supply. The reactions and products involved in these three metabolically different pathways collectively make up the nitrogen cycle and are discussed below.

### Nitrogen compounds as nutrients

The synthesis of organic nitrogen compounds from inorganic nitrogen and carbon compounds begins with NH<sub>3</sub> incorporation. One major reaction, catalyzed by glutamic acid dehydrogenase, involves 2-ketoglutarate, NADH



(reduced nicotinamide adenine dinucleotide) and ammonia, and the product is glutamic acid. There are two ways in which organisms obtain ammonia. One is to use nitrogen already in a form easily metabolized to ammonia. Thus, nonviable plant, animal, and microbial residues in soil are enzymatically decomposed by a series of hydrolytic and other reactions to yield biosynthetic monomers such as amino acids and other small-molecular-weight nitrogenous compounds. These amino acids, purines, and pyrimidines are decomposed further to produce NH<sub>3</sub> which is then used by plants and bacteria for biosynthesis, or these biosynthetic monomers can be used directly by some microorganisms. The decomposition process is called ammonification. Not all organic nitrogen is ammonified easily, and resistant nitrogenous residues constitute humus, a complex component of great importance to soil structure and water-holding capacity.





The second way in which inorganic nitrogen is made available to biological agents is by nitrogen fixation (this term is maintained even though  $N_2$  is now called dinitrogen), a process in which  $N_2$  is reduced to  $NH_3$ . Since the vast majority of nitrogen is in the form of  $N_2$ , nitrogen fixation obviously is essential to life. The  $N_2$ -fixing process is confined to prokaryotes (certain photosynthetic and nonphotosynthetic bacteria). The major nitrogen fixers (called diazotrophs) are members of the genus *Rhizobium*, bacteria that are found in root nodules of leguminous plants (**Fig. 2**), and of the cyanobacteria (originally called blue-green algae). Even though rhizobia have recently been cultured so that they can fix nitrogen in the absence of the plant, the conditions needed for this fixation, such as a very low  $O_2$  concentration supplied by oxyleg-hemoglobin and the necessary carbon and energy sources supplied by the plant, are ideal in the nodule and are not easily met in the laboratory or elsewhere in nature. There are many "free-living" diazotrophs, and even though they appear to contribute little to soil nitrogen, most knowledge of the biochemistry of nitrogen fixation comes from studies of three of them, *Clostridium pasteurianum, Azotobacter vinelandii*, and *Klebsiella pneumoniae*.

The nitrogen-fixing system of all these organisms is made up of two protein components. One, called the Fe protein, is a dimer of molecular weight about 60,000 daltons, and it contains an  $Fe_4S_4^*$  center (similar to that of ferredoxin) that is involved in accepting and transferring the electrons needed for N<sub>2</sub> reduction. It is the Fe protein that initially binds the magnesium adenosine triphosphate (MgATP) needed for N<sub>2</sub> reduction. The second component, called the MoFe protein, is a tetramer of about 220,000 daltons and contains four  $Fe_4S_4^*$  centers and two  $Fe_8Mo_1S_6$  centers, with the latter centers probably being the sites where N<sub>2</sub> is reduced to NH<sub>3</sub>. For N<sub>2</sub> reduction the MoFe protein accepts electrons from the Fe protein, and to facilitate the transfer, ATP is hydrolyzed to adenosine diphosphate (ADP) and inorganic phosphate. The N<sub>2</sub> fixation process consumes as much as a third of the cell's energy supply, so for obvious reasons the N<sub>2</sub>-fixing system is not synthesized if a usable nitrogen compound other than N<sub>2</sub> is available, that is, nitrogenase synthesis is repressed in the presence of NH<sub>3</sub>.

### Nitrogen compounds as energy source

Many microorganisms can use organic nitrogen compounds as energy sources, but in most cases the nitrogen of the compound is first removed and excreted as  $NH_3$ , and then the reduced carbon compound remaining is catabolized to yield both energy and organic carbon intermediates. A relatively few microorganisms (including some fungi) are able to aerobically convert the excreted  $NH_3$  to  $NO_2^-$ , and  $NO_2^-$  to  $NO_3^-$ , and couple these oxidations to the production of ATP and the creation of a membrane potential needed for biosynthetic reactions. Thus,  $NH_3$  added to aerobic soils is rapidly converted by such organisms to  $NO_3^-$ . Two chemoautotrophs (organisms that grow using an inorganic compound as an energy source and  $CO_2$  as a carbon source) are primarily responsible for  $NO_3^-$  production. First *Nitrosomonas* converts the  $NH_3$  to  $NO_2^-$ , and then the relatively toxic  $NO_2^-$  is rapidly oxidized to  $NO_3^-$  by *Nitrobacter*. Plants and microorganisms readily use this  $NO_3^-$  as a nitrogen source by first reducing it to  $NH_3$ . The overall process of oxidation of  $NH_3$  to  $NO_3^-$  is called nitrification. The process whereby  $NO_3^-$  is reduced to  $NH_3$  is called nitrate assimilation.

#### Nitrogen compounds as electron acceptors

When  $NO_3^-$  accumulates in soils in which metabolizable carbon compounds are available and when such soils become anaerobic because growth of aerobic organisms exhausts the  $O_2$ , certain organisms such as *Pseudomonas, Micrococcus, Achromobacter*, and *Bacillus* use the  $NO_3^-$  either as a normal electron acceptor or as an electron acceptor in place of  $O_2$ . The electron acceptor is needed by such cells to allow electrons from cellular oxidations to flow through the array of electron carries in the cell membrane. This electron flow is needed to facilitate proton (H<sup>+</sup>) transfer across the membrane, which in turn creates a membrane potential and a pH gradient. The potential energy of the pH gradient is used in conjunction with the cells adenosine triphosphatase (ATPase) to allow ATP to be synthesized. The  $NO_3^-$  is the terminal electron acceptor in the electron flow and becomes reduced to  $NO_2^-$ , and the  $NO_2^-$  in turn is further reduced to  $N_2$  (some  $N_2O$  may also be produced). The  $N_2$  (and some  $N_2O$ ) is released into the atmosphere. This process, called denitrification or nitrate respiration, is responsible for ridding many bodies of water and soil of excess fixed nitrogen that could lead to pollution by overproduction and decay of algae and other bacteria.

### N<sub>2</sub> cycle in the oceans

Most information on the  $N_2$  cycle comes from studies of the soil-water system. Much less is known about the nitrogen cycle in seas, even though it is estimated that as much as 20% of the  $N_2$  fixed on Earth occurs in the ocean. This  $N_2$  seems to be primarily fixed by cyanobacteria, although in localized areas some contribution by other photosynthetic and nonphotosynthetic bacteria also occurs. One calculation estimates that a single bloom of the cyanobacterium *Tricbodesmium* could fix as much as 1100 tons (100 metric tons) of  $N_2$  per day. The other processes associated with the nitrogen cycle, ammonification, nitrification, and denitrification, although obviously present in oceans, have been studied even less. Heterotrophic organisms were not shown to be responsible for nitrification in seas, and therefore chemoautotrophic marine nitrifiers, such as *Nitrospira* and *Nitrococcus*, appear to be the major nitrifiers in oceans. The denitrification step of the ocean's nitrogen cycle may account for a third of the Earth's total denitrification, but there is relatively little information on this. One suspects that most of this denitrification takes place in the anaerobic conditions of marine mud.

### Summary

The major microbial reactions discussed above are the three major contributors to the  $N_2$  cycle. First  $N_2$  is fixed (reduced) to ammonia, and the ammonia is used by  $N_2$ -fixing microorganisms and by plants harboring  $N_2$ -fixing microorganisms. Then these plants and bacteria, and animals and plants living off these plants and bacteria, die and lyse, and the nitrogen of their nitrogenous compounds is converted to ammonia by ammonification. The released ammonia is converted rapidly by nitrifying bacteria to  $NO_3^-$ , or it is used directly by microorganisms or plants. The  $NO_3^-$  produced by nitrification is used by plants and by bacteria as a nitrogen source; or if anaerobic conditions are created, the  $NO_3^-$  is denitrified (reduced) to  $N_2$  and  $N_2O$ . This completes the nitrogen cycle.

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